



A publication of  
Our Savior's Lutheran Church

# The ECHOES

March 2010

Our Savior's Lutheran Church

## *Wednesdays' Supper and Worship*

March 3, 10, 17 & 24

Come and worship and watch the "Last Supper" come to life.

5:30pm Soup and Sandwich Meal

6:30pm Worship



## *Holy Week Worship*

**April 1**—Maundy Thursday Worship, 12:00pm/6:30pm

**April 2**—Good Friday Worship, 6:30pm

**April 3**—Easter Vigil Worship, 9:00pm

**April 4**—Easter Sunday

6:30am Youth Sunrise Worship

8:00am/10:30am/5:30pm Worship

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### *Mission Statement*

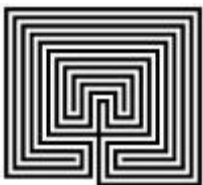
We are called to proclaim God's love and grace through Christ as we relate to each other and the world.

# Worship With Us

The Lenten season blankets the month of March. The tone of Lent is different, more reflective. Lent means that some features of our worship are changed. When we use *Evangelical Lutheran Worship*, we will always include the Confession of Sins, but we will not sing the Hymn of Praise, going directly from the Kyrie to the Prayer of the Day. The Gospel Acclamation changes, so that the "Alleluias" can be saved for the Easter season. Our voice of praise is somewhat muted during Lent, so that we can more fully appreciate the Easter celebration of new life. For the distribution of communion, the congregation will come to the altar to kneel (as you are able) to receive the bread and wine.

## Lenten Wednesday Midweek

March 3, 10, 17, 24 Worship at 6:30  
Soup supper beginning at 5:30. At 6:30, the hymn sing begins, followed by the worship service based on conversations by the Twelve Disciples, two each week. Each week the Lord's Supper scene by Leonardo da Vinci will expand by two disciples in preparation for the Last Supper drama on Maundy Thursday.



## Labyrinth Liturgy

March 7, 14, 21, 28—5:30 Worship

The format for the evening worship will be changed somewhat. The reflective, candlelit atmosphere will remain, but the service liturgy will focus on a labyrinth journey of faith.

On March 28, Josh and friends will lead service with more contemporary music.

## Parable of the Fig Tree

March 7—Lent 3  
8:00 – Setting One from *Evangelical Lutheran Worship*.  
At 10:30 the Band of Sinners and Saints will lead the Lenten "Remember Me" service.

## The Prodigal Son? Or the Prodigal Father!

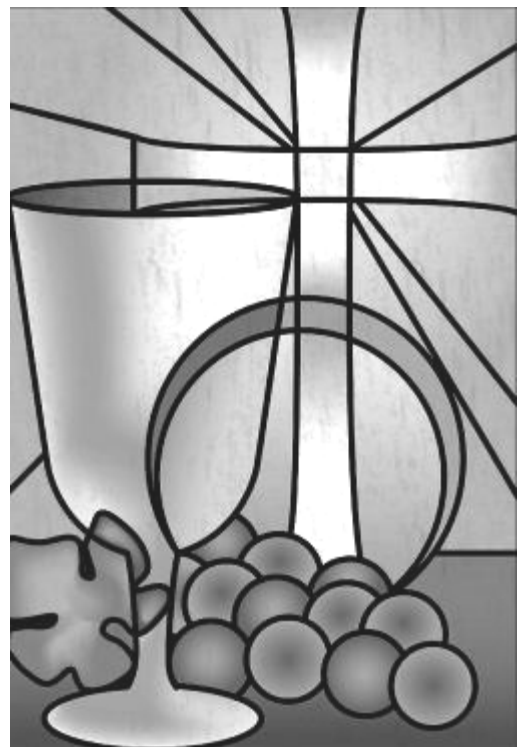
March 14—Lent 4  
8:00 – Setting One from *ELW*.  
At 10:30, the OSLC4 will lead a service of gospel music.

## Jesus Anointed by Mary

March 21—Lent 5  
" We will use the Lent "Follow Me" service and have communion at the altar rail, at both services. We will hear the story of Jesus' anointing for his coming death and burial, and his difficult words to us about the poor. "

## Palm/Passion Sunday

March 28  
The worship service begins with the Palm Procession led by the children and moves quickly into a reading of the story of Jesus' suffering and death from the gospel of Luke. The story is central to the Christian faith and shapes the life of the church.



# Messages



## Pastor Fred speaks frankly,

I feel a spring breeze blowing in the air.

I just returned from my interviews for next year's intern, and I think I feel a little like Peter on that first Pentecost Day, when he quoted from Joel, "In the last days it will be, God declares, that I will pour out my Spirit on all flesh, and your sons and your daughters shall prophesy, and your young men (and women) shall see visions, and your old men shall dream dreams." At Luther Seminary, I visited with young men and women with remarkable gifts, upon whom God's Spirit has been poured and who have a vision for God's church. Wherever these young people land, either in their internships or pastorates, they will prophesy to the church, preaching the Good News like Peter did on that birthday of the church.

I came back with a lighter step. The congregation's courage and leap of faith in supporting the intern program at Our Savior's for one more year cannot help but be a blessing for us in the future. God is raising up faithful witnesses to his grace, and one of them will cultivate their gifts with us beginning this fall. Others will be blessing the broader church. We can be thankful already.

Our congregation also has bright young people who think deeply about their faith. As God's children of Israel (which means "the one who wrestles with God), they wrestle with God, trying to discover how their faith intersects with their life, something all of us do continually. For them music is a powerful tool for discovering the intersection of faith and life, and so on the third Sunday of each month during the education hour, the young people will be taking over the sanctuary to listen to music and talk about how the music speaks to their faith. At the beginning, this will be for high school youth and young adults, anyone for whom the volume is not a problem but a necessity. Remember, when the organ was invented, it was considered too worldly to be used in church.

The beginning of the work of the Spirit in raising up young people begins at an early age, really at baptism. Participation in worship and receiving the means of grace are the ways we nurture the faith of our children. On March 20, I will be meeting with parents who wish for their young children to participate in Holy Communion. A couple years ago at the annual meeting, the congregation gave its blessing to children of all ages to partake in communion. The March 20 class will provide parents with some tools for teaching their children about what the sacrament means. The requirement for participation in the sacrament is faith, but faith is the work of God. Understanding comes at many levels, and parents are best able to explain the meaning in an appropriate way for their child's development. The class is from 10:30 to 11:30.

Lent is a time for reflection on new beginnings. If our beginnings are going to be truly new, then the Spirit of God must be at work. I can already feel the spring breezes blowing.

*Pastor Fred*

## Dear Members of OSLC,

March is here,,,does that mean Spring is close?!? I'm ready!

I want to invite all of you to a Leadership Chat on Sunday, March 14 at 9:15am. It's time for an update! The first subject will be the financial status at OSLC. We will have an update on pledges since our Congregational Annual Meeting, YTD giving and YTD expenses and an audit update of 2009 calendar year. We talked about having updates throughout the year at the Annual meeting and with 2 months already gone, it's time to let you know where we are at.

I am also asking Cara to give you an update on her outreach project to the University of MN students within Rochester. Cara's Internship project for the year is to do outreach to the college students within the Rochester area. The event was a great success, you'll want to hear about this!! I am also asking Harry Nielsen-Chair of Evangelism Ministry Team to update you on the plans his ministry team has for 2010. So please come and hear what's happening and what you can do to support the financial and evangelism activities of OSLC.

So,,, I'm still singing "**Bind us together, bind us together in love**". What a great expression I see of that this Lenten season, with Adult mentors meeting and worshipping with our Confirmation students. Our Wednesday evening services are filling the pews with families and mentors singing, worshipping and then afterwards discussing. A special thanks from me to all those serving as mentors!! Thanks also to all of you who are serving and providing sandwiches and bars for our Wednesday night meals. So many of you give of yourselves weekly to OSLC,,,could it be true we are bound together with egg salad sandwiches?!?!?

I also believe we can be bound together in daily prayer and devotions. Each day you are all invited to join others during the Lenten season with daily prayer at 8am at OSLC,, OR join many of us reading the Daily devotional created by members of OSLC,, OR go online at [www.luthersem.edu/godpause](http://www.luthersem.edu/godpause) and you can receive a daily devotion based on the text of the day. We are blessed to have so many options!

God's Blessings to each of you during the Lenten season,  
Your President in Jesus Christ,  
Bruce Rohde

# Ministry Team News

## Seminary Scholarship

Lent is a time to remember that our Lenten offerings fund the OSLC Seminary Scholarship Fund. Alicia Hilding and her husband, Ben, assisted with worship and told about their seminary experience on February 14. Alicia received our scholarship this school year and expressed deep gratitude. Thanks for your generous support of this ministry to help train future leaders of the church.



Alicia & Ben Hilding

Let's review some background information. The Lenten and Holy Week offerings plus the income generated from the OSLC Scholarship Endowment Fund held at Luther Seminary provide the scholarship amount to

be awarded each year. That Endowment was established in 1998 by Tim Coltveldt with direction that the recipient be chosen first from 1) Our Savior's Lutheran, then from 2) Southeastern Minnesota Synod or next from 3) a foreign country. The present Scholarship Committee - Sharon Dunemann, Warren Harmon, and Dorothy Satre - receive the applications each August and make the awards according to the Endowment criteria. This scholarship is completely separate from our intern program.

## Stewardship Meeting

The Stewardship Ministry Team will meet on March 2 at 7:00pm at OSLC not on March 9 as printed on the OSLC calendar.

## Social Ministry News

### World Hunger Offering

The Social Ministry Team will be handing out envelopes for World Hunger on March 21. Our gifts help with the relief, development, education and advocacy of World Hunger. Help make a difference around the corner and around the world with your gift to World Hunger

### Dorothy Day House

The Dorothy Day House evening meals are in need of helpers for 2010. Please see the sign-up sheet on the bulletin board near the water fountain.

### Worship Escorts

Worship escorts are needed on March 7, 14, 21 & 28. Help escort resident to worship at Samaritan Bethany at 9:00am for 9:30am worship or at the Home on 8th at 8:00am for 8:30am worship. Please see the sign-up on the bulletin board near the water fountain.

Questions about these volunteer opportunities, see someone on the Social Ministry Team.

## From Family Ministry

Family ministry is planning on having an Easter egg hunt once again this year. Please mark you calendars to join us on Saturday, April 3rd. Look for more details in April's Echoes.



### Can you help with the Busy Bags.

Family ministry is still looking for volunteers to maintain the busy bags. We have a sign up sheet in the narthex and are asking for a month commitment. Any questions, please feel free to ask Kathy Gross, [jkgross@charter.net](mailto:jkgross@charter.net).

**Fair Trade Fellowship Coffee** -- At Our Savior's we have been supporting Fair Trade coffee growers for some years now with our sale of Equal Exchange coffee. More recently the purchase of all coffee used in our Sunday morning fellowship time and other meal events is Fair Trade. This helps more than the producers with their fair prices. Their communities also benefit with better health and education possibilities. One benefit may be a new well for clean water.

Here is a new way for you to support Fair Trade that was started in February. When you enjoy your cup of coffee Sunday mornings, look for the "donation pots" where you can give a free-will donation to help purchase the Fair Trade coffee for our Sunday morning fellowship time. Supporting Fair Trade is a mission of OSLC.

# Mission Project Opportunities

## AIDS/Hospice Kit

Global Health Ministries is an organization that provides financial and material support to Lutheran health care mission programs in developing countries. These kits that can use to provide care and comfort for AIDS patients at end of life.

A kit contains the following items:

1 regular size bath towel; 1 wash cloth; 1 bath size bar of soap, wrapped; 1 new toothbrush; 1 nail clipper; 1 tube of toothpaste, med or large; 1 "pick" comb; 6 Band-Aids; 1 jar or tube of petroleum jelly; 1 pair heavy duty household gloves (kitchen type), size medium; 1 small devotional booklet, eg. Christ in our Home - (does not have to be current issue)

*All items are wrapped in the towel and placed in a 2 gallon "Ziploc" type plastic bag*

A suggested donation of \$5 with each kit will help purchase meds and with shipping.

## Health Kit

Lutheran World Relief is committing to \$2.25 million to relief efforts in Haiti. 670 health kits have already been distributed to people displaced by the earthquake.

A kit contains the following items:

One hand towel, dark color recommended;  
One washcloth, dark color recommended;  
One bath-size bar (4 to 5 oz.) of soap, any brand, in its original wrapping; One adult-size toothbrush in its original packaging; One sturdy comb, remove packaging; One metal nail file or nail clippers with file attached, remove packaging (do not substitute cardboard emery boards for the file); Six Band-Aids®, preferably 1/2" to 3/4"; secure together with a rubber band

*Wrap smaller items in washcloth and wrap all in towel and tie with yarn or ribbon*

LWR's approximate cost to handle and ship one health kit overseas is \$2.65, This gift will also help cover the cost of a tube of toothpaste.

See the display and pick up more information in the back of the church. Items or completed kits can be brought to marked baskets in the narthex or resource room until the end of March. A great opportunity during Lent to help others. Questions can be directed to Lee Blumentritt or Sherry Rengstorf.

## IHN (Interfaith Hospitality Network)

Warren Harmon is producing a new Training Video for IHN. It is expected to be used nationally for training volunteers. We are very excited to see the finished product.

Our next Host Week at Our Savior's is April 4 - 11. The sign-up board will be available in the narthex or go on line to volunteer for driving, meals and hosting.

The next IHN Orientation for new and renewing volunteers will be held on **March 8 at 6:30 pm at Rochester Covenant Church.**

## 10 Minutes, 10 Questions, 10 Years of Impact.

In March of 2010, every household in Minnesota will receive a 2010 Census Form. The 2010 Census is easy: it consists of just 10 basic questions and it will take the average family 10 minutes complete. Filling out this form is required by law and your answers are protected. The information you provide will determine how over \$400 billion in federal funds are distributed to the states each year and will help ensure that we get our fair share of representation in the U.S. House of Representatives.

Individual census responses are not shared with anyone, including government agencies or private organizations. It is against the law, punishable by fines and incarceration, for the Census Bureau to give personally identifiable information about an individual to any other individual or agency until 72 years after it is collected for the decennial census. After 72 years, the individual census records are sent to the National Archives where they are made public primarily for genealogical research. For more information on what's at stake in Minnesota in the 2010 Census and how you can become involved, please visit [www.lssmn.org/church](http://www.lssmn.org/church)

## Send a Birthday Greeting to our Missionaries..

Jackie—March 6

Patrick—March 8

Send message to [Jackie@bencke.com](mailto:Jackie@bencke.com) or mail to:

Bencke Family

KUMAMOTO SHI

SHIMIZUE MANGOKU 5-17-17

861-8068 JAPAN

# Happenings

1st	James Lambrecht	9th	Don Jensen	15th	Lois Rink	29th	Marlene Hill
2nd	Paul Nelson		Donna Kastner		Megan Holm		Delbert Michel
	Myrna Lundquist		Shirley Kastner	16th	Tami Rushing	31st	Carole Bitz
	Warren Harmon		Shirley Thomann	17th	Karen Lundberg		
	Julie Trenerry		Ruth Benning		Jean Wood		
	Grant Rosin		Tyrell Goll		Dae Yang		
	Allison Humke		Emma Lindenmeyer	18th	Kristopher Swancutt		
3rd	Lois Riekmann	10th	Kerstin Suby	20th	Brenda Harmon		
	Fred Carlson		Ashley Fett	21st	John Micheau		
	Tim Hornseth		Katherine Thorvilson		Andrea Arnold		
	Madison Greenwaldt	11th	Marge Bidinger		Gerard Arnold		
4th	Max Trenerry		Gracia Fredriksen		Isaac Arnold		
5th	Lair Florine		Kerm Bitz	23rd	Kassie Durst		
	Dimitri Psomas		Selena Holm	24th	Deb Mikulecky		
6th	Courtney Anderson		Taylor Thieke		Courtney Holm		
	Kaitlyn O'Hanlon	12th	Fred Jensen	26th	Dorothy Zazubek		
7th	Ted Waldo		Doreen Markus	27th	Pervin Floen		
	Greg Anderson		Rachel Troutman		LeEtta Blumentritt		
	Valerie Troutman	13th	Jon Christenson	28th	Kathy Adams		
	Abraham Unger		Bruce Olson		Erick Rankin		
			Erik Krogstad				
			Nicholas Rohde				



OSLC  
March  
Birthdays

*May Your Day  
Be Blessed*

## Altar Flowers for March 10

**Mar. 7**—Derek & Janelle Rosin

**Mar. 14**—Glenn & Connie  
Leckband

**Mar. 21**—Tim & Mary Kunert

**Mar. 28**—Katie Zahasky

**Volunteer Team E** will be signing up for April volunteering opportunities starting on March 7 in the Narthex. Please sign up for 2 worship opportunities. You can also call the church office at 289-3021 to sign up.

**ECHOES/Calendar Deadline** is the 20<sup>th</sup> of each month. Articles submitted after that time will only be published if room permits. Please limit articles to 200 words or less.

**Weekly Announcements** are due Wednesday noon prior to the Sunday you wish it to be published.

**Large Print Bulletins** are available each Sunday.



Roy & Dorothy  
Satre reading  
the ECHOES at  
Whistler's  
Olympic Park,  
Canada.

Assisted listening **Sound Mate** is available during worship, please ask an Usher for assistance.

**Prayers**, If you would like to be included in the weekly prayers, please contact the church office at 289-3021 or e-mail us at office@rochesterosl.org or pf@rochesterosl.org

### Visit the Resource Center

Updated Directories  
Christ in Our Home  
Various Annual Reports  
The Lutheran Message  
The Word in Season  
Many informational Pamphlets

### March Baptismal Birthdays

Braeden Milz—03-08-09  
Blake Blattner—03-10-02  
Rylie Holst—06-16-08  
Courtney Holm—03-18-07  
Selena Holm—03-18-07  
Selena Holm—03-18-07  
Nathan Eberhart—03-23-03  
Chase Yang—03-24-02  
Meghan Yang—03-24-02  
Alexander Tran—03-28-04  
Chase Tenner—03-31-03

### Search and Find

**Diane Wallace did locate her name** in last month's issue and won a free load of honey wheat bread from the Great Harvest Bakery on Broadway. Could your name be the one this month? If you find your name, call the church office by the 20th of the issue month to claim your prize. This month win a picture frame from the Christian Book Store on Broadway. There's only one rule, you cannot tell the person their name is in the ECHOES. No cheating!!!

**To clarify**, the search and find name will be listed the following way in a random article. Example:,search and find name, joanne hamilton.



## A Lenten Discipline

Improve the wholeness of your mind, body, and spirit through the Faithfully Fit Forever program. Opportunities during the Lenten season will be

- **Tuesdays** – 4:30 to 5:30 pm in the Fellowship Hall
  - **Thursdays** - 8:00 to 9:00 am in the Fellowship Hall  
(Lenten Prayer meets at 8:00 in the sanctuary as the devotional, then exercise follows.)
- Both women and men are welcome. Everyone exercises at their own ability level in a safe and comfortable group.

## March Madness (M &M)

All the young people (of all ages) are invited to invite a friend to church on Sunday, March 7 for the M & M Sunday! Bring a friend to church and you and your friend will receive a bag of M & Ms. Jesus asks us all to be His disciples and when we share the message of the love of God with a friend, we worship the God who loves us unconditionally. Mark M & M Sunday, March 7 on your family calendar.

## 2010 Polar Bear Plunge



Thank you to my many friends who supported me and Special Olympics! Because of you I was the top fundraiser again, raising over \$3100.00. Thank you Eric for being my jumping partner for 3 years!  
Anne MacGillivray

## March Bible Study

### The Renewing of our minds"

The theme verse is Romans 12:1-2

Paul is setting up a call to live differently. Why? Because we owe our allegiance and receive our energy, our power, our citizenship from the Lord alone.

This is not an easy calling. Paul knows. He lived in a complex, exciting, terrifying world. We, too, have the challenge today to "Do not be conformed to this age but be transformed by the renewing of your minds so that you may discern what is the will of God – what is good and acceptable and perfect" Romans 12:2

What kind of renewal do our minds need in order to discern the will of God in the midst of the chaos of life?

Paul cares about how we as graced and gifted humans live our lives. Come and search the scriptures together. Read chapters 12 and 13 carefully before your next session.

### Naomi Circle

Date: March 8 at 9:00am

Location: OSLC Water Room

Hostess: Megan Valen

Bible Study Leader: Dorothy Satre

### Sarah Circle

Date: March 8 at 7:15pm

Location/Hostess: Sherry Rengstorf  
2203 5th Ave NE

Co-Hostess: Suzanne Micheau

Bible Study Leader: Sherry Rengstorf

### Martha Circle

Date: March 10 at 9:00am

Location/Hostess: Brenda Harmon  
2111 Wilshire Dr. NE

Bible Study Leader: Cheri Struve

### Priscilla Circle

Date: March 10 at 9:00am

Location: OSLC Water Room

Hostess: Rita Balm

Bible Study Leader: Rita Balm

## March Quilting

For just the month of March, we will meet on the 4th Tuesday, the 23rd of March. With snowbirds and medical situations our group is smaller this winter. We would welcome newcomers. Remember, you do not have to have sewing skills. We put the three layers of the quilts together and then tie them, and we have fun doing it. Questions? Call Joan Rose, 289-2038

## Mission Project

Sarah Circle is sponsoring this quarter's Mission Project which is Health and Hospice Kits. See more information and the checklists elsewhere in the Echoes. These projects are open to all members and friends of OSLC.

## Women's Board Report

Our Prayer Pal event was held Monday, February 15. We revealed our Prayer Partners from last year and drew names for the coming year. Shirley Jordahl treated us to a visit from Mary of Bethany, and the Priscilla Circle served a beautiful dessert. Looking forward, a reminder of the World Day of Prayer to be held at Mt. Olive Lutheran Church on March 5. A brunch will be served.

### Potato Cheese Wild Rice Soup

OSLC Cookbook, submitted by Megan Valen

1 1/2 c. wild rice, cooked  
1/2 lb. bacon, cooked and crumbled  
1/4 c. chopped onions  
3 cans cream of potato soup  
4c. half & half  
2 1/2 c shredded cheese (1/2 Velveeta, 1/2 cheddar)  
chicken breast, cooked and cubed  
\*\*Mix all ingredients, cook and simmer thoroughly.  
Serve and enjoy.

Recipe Corner

# Education Opportunities

## Men's Saturday Fellowship

Men's Fellowship meets the 2nd and 4th Saturday of the month at OSLC with breakfast at 7am. After breakfast we study the Gospel for the coming Sunday. No preparation is required.

## Men's Thursday Fellowship

We would love to have you join our Thursday morning men's fellowship group (Promise Keepers). We have breakfast, study and discuss either the Bible, a book or both and have Christian Fellowship. We meet 6:15-7:15am every Thursday at the Crown Restaurant west of St. Mary's Hospital. Please join us. Questions, call Ed at 288-1485 or Bruce at 285-1134.

## Four Weeks to Freedom

### A Study of Galatians

9:30 Sundays in the Water Room—Roy Satre

**March 7** - Do we have to search for freedom?

Let's read Galatians.

**March 14** - Who is Paul? What's his message?

Your own spiritual journey

**March 21** - Faith and Freedom

What do we believe, what do we do?

**March 28** - Is there a conclusion to freedom?

Living the promise of freedom

## Book Study

Our next read is "**Out Stealing Horses**" by Per Petterson. We'll be discussing this book on Tuesday, March 16 from 6:30 to 8:00 in the Narthex. You may check out a copy from the purple "Book Group in a Bag" located in the church office. If all the copies are checked out, please check back as copies are returned. Please call Ruby Florine for more information (evenings) at 288-0138. Hope to see you there!



## Just a Moment

by Katie Zahasky

Do you suffer from frequent heartburn? If you have symptoms of heartburn several times a week or if these symptoms affect your day to day activities you may have chronic condition, gastroesophageal reflux disease or GERD.

This condition occurs when there is backwash of stomach acid up into the esophagus, the food tube which connects your throat to stomach which irritates the lining of the esophagus. Occasional acid exposure is not uncommon, if you eat a large meal and then lie down, enjoy a spicy meal or have a hiatal hernia. However, chronic, persistent acid exposure to the lining of the esophagus may cause complications including narrowing of the esophagus from the formation of scar tissue, an ulcer in the esophagus or pre-cancerous changes to the esophagus (Barrett's esophagus).

If you have GERD symptoms, see your health care provider for evaluation which may include an x-ray of the inside of the esophagus and biopsy the lining to do further testing. Over-the-counter or prescription medications may be recommended.

Lifestyle changes can often be very successful for these symptoms; maintain a healthy weight, avoid tight-fitting clothes and foods that trigger heartburn, wait at least two hours before lying down after eating. Avoid smoking as nicotine decreases the ability of the closure of the esophagus to close properly.

## March Bible Book of Faith

This month we will read the second book of the Old Testament, Exodus. God hears the cries of his people in Egypt and brings them out. They want to go back to the Promised Land but because of their sinful ways they spend the next 40 years wandering in the desert. God uses this time to hone his people into the kind of people that he expects them to be. Some of the stories you will recognize. Other parts may be unfamiliar because we usually don't spend much time reading the instruction God gives the Israelites. Join the read and learn more about God.

# Sunday School/Youth



It's March and time to think Spring > summer > Camp. This year Good Earth Village is offering "Get Out of the Boat!!" So Peter got out of the boat. Started walking on the water, and came toward Jesus. Matthew 14:29. Many programs abound with many dates available. Take advantage of Early Bird Registration until April 1st. Camp brochures will be posted on the Sunday School bulletin board by the coat racks. Pick one up or learn more on-line: [www.GoodEarthVillage.org](http://www.GoodEarthVillage.org).

Registration is open for SportsLife Camp being held at Zumbro Lutheran Church here in Rochester. Cost is 99\$ for the week of July 12-16 for grades 1-5. Call 877-601-122 for further information and to register.

The children are giving their offerings this semester for the Lutheran World Relief Fund. We have at least \$50 to send quilts, school supplies, hen and chicks, fruit tree seedlings or rice duck so far. More details to come or check out [www.wrgifts.org](http://www.wrgifts.org) to see for yourself.

## What's Happening in Class

**March 7**—Mustard Seed Parable  
Matthew 13:31-32

**March 14**—God Provides  
Matthew 6:25-34  
Channel One: Baby Food

**March 21**—Jesus Enters Jerusalem  
Matthew 21:1-11  
Special Craft

**March 28**—No Sunday School

**April 4**—No Sunday School

## Middle School Events

Middle School Youth are invited to participate in the following service learning experience:

### "The Promise"

*A Musical Drama Portraying the Life of Jesus Christ*

The Promise is a musical production involving over 16 area churches. Our role is to arrive a bit early (one hour) and take part in transforming the Narthex of Bethel Lutheran into the 'streets of Jerusalem' as they were envisioned to be in Jesus' day. We, as well as the other vendors, will wear costumes. Our selected item to sell will be water (bottled) that we serve from a 'well'. Other market vendors will share their skills/wares including weavers, bakers, carpenters and other craftsmanship. There may even be actual livestock present.

**Sign up with a friend, consider inviting your mentor.** For each of the following dates, we'll need about 3 individuals to sell water at a booth (1-2 youths and one parent/adult). Please look at your calendars, and email Kari Wright at [klwright@charter.net](mailto:klwright@charter.net).

Think of this as a wonderful opportunity to have fun, watch a wonderful musical, and raise funds for our projects. (Slots will be awarded on a first come, first served basis.)

Dates: Friday, **March 12**, 6-9; Saturday, **March 13**, 6-9; Sunday, **March 14**, 1-4  
Friday, **March 19**, 6-9; Saturday, **March 20**, 6-9; Sunday, **March 21**, 1-4

Location: Bethel Lutheran Church, 810 3<sup>rd</sup> Avenue SE, Rochester, MN

## High School Events

### March Madness Bake/Snack Sale

The Our Savior's high school youth will be having a Bake/Snack sale on March 7th. Please stop by and get a wonderful baked good or snack item.

# Contact Information

## Office Hours

Monday —Friday  
7:30am—4:00pm

Unless noted otherwise on the church calendar

## Internet/Web Info

### Church Web Site

[www.rochesterosl.org](http://www.rochesterosl.org)

### Pastor Fred's

[pastorallengstorf@rochesterosl.org](mailto:pastorallengstorf@rochesterosl.org)

### Joanne, Office Secretary

[churchsec@rochesterosl.org](mailto:churchsec@rochesterosl.org)

### Intern Cara Holmquist

[intern@rochesterosl.org](mailto:intern@rochesterosl.org)

### Patrick & Jacqueline Bencke, Missionaries

[jackie@bencke.com](mailto:jackie@bencke.com)

### SE MN Synod

[www.semnsynod.org](http://www.semnsynod.org)

### Good Earth Village

[www.goodearthvillage.org](http://www.goodearthvillage.org)

### ELCA

[www.elca.org](http://www.elca.org)

## Who Do I Call?

### Senior Pastor

Pastor Fred Rengstorf

Office: 289-3021

Home: 292-0814

Cell: 273-4939

### Office Secretary/ECHOES & Website Editor

Joanne Hamilton, 289-3021

### Intern

Cara Holmquist, 289-3021

### President

Bruce Rohde, 280-6390

### President Elect

Kidron Flynn, 650-3603

### Parish Secretary

Warren Harmon, 288-9638

### Treasurer

Ruby Florine, 288-0138

### Director of Business and Administration

Bill Nicklay, 285-9622

### Director of Out Reach Ministries

Pam Shulze, 281-5918

### Director of Youth and Education

Bev Gronvold, 282-0815

### Director of Congregational Ministries

Ed Heckman, 288-1485

### Membership/Financial Secretary

Jane Nicklay, 285-9622

### Senior High Youth Coordinator

Fred Jensen, 292-7880

### Middle School Youth Coordinator

Connie Leckband, 281-0463

### Sunday School Coordinators

Brenda Galindez, 206-3642

### Senior Choir Director

Lisa McKian, 289-3021

### Bell Choirs' Director

Bev Gronvold, 282-0815

### Sunday School Choir Director

Liz Harwick, 282-0469

### Organists/Pianists

Ruth Benning, Lisa McKian

Jan Matson, Kerstin Suby, 289-3021

### Custodian

Mike McElmury, 289-3021

## Samaritan Bethany Information

Samaritan Bethany Foundation breakfast, March 20th, 7:00am—12:30pm at Gloria Dei Lutheran Church, 1212 12th Ave. NW. Cost: \$6/10 yrs and older, \$6.50 at the door. \$2/for 9 yrs and younger. Proceeds will go to the transportation fund.

During the first three Sundays of Lent, many of the Pastors of our Sponsoring Churches will be assisting Samaritan Bethany with a congregational appeal to our capital building project *Creating Home*. This Samaritan Bethany Lenten Appeal will allow individuals or an entire congregation, search and find name, sylvia nash, to partner with us as we strive to make the lives of the residents as normal and unchanged as from their former living situations namely, private rooms and household models. We ask for your support of our ministry in caring for others by prayerfully considering a financial gift to the Samaritan Bethany Foundation.



Our Savior's Lutheran Church  
 2124 Viola Rd NE  
 Rochester, MN 55906  
[www.rochesterosl.org](http://www.rochesterosl.org)  
 507-289-3021

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**Evangelical Lutheran Church in America**  
 God's work. Our hands.

**Sunday Worship: 8:00am/10:30am/5:30pm**  
**Wednesday Lenten Soup Meal: 5:30pm**  
**Wednesday Lenten Worship: 6:30pm**

- March 1-31** Monday-Friday, Morning Prayer
- March 7** Home Communion Instruction  
Youth Bake/Snack Sale
- March 11** 1st Communion Class
- March 13** Discipleship Class
- March 14** Adult Forum: Leadership Chat
- March 17** Staff Meeting
- March 18** Dorothy Day House  
1st Communion Class
- March 19** Wedding Rehearsal
- March 20** Early 1st Communion Class  
Wedding at OSLC  
ECHOES deadline
- March 25** 1st Communion Class
- March 31** Sedar Meal
- April 1** Maundy Thursday
- April 2** Good Friday
- April 3** Easter Vigil
- April 4** Easter Sunday



*Come a Stranger,  
 Leave a Friend.*