Remember in your Prayers

Member Concerns: Gordon & Lois Riekmann; Tom & Ardie O'Hanlon; Gladys Jensen; Bonnie Storlie; George Meyer; Merle Houdek; Karen Schlein; Bob Loos; Francis Pflibsen; Jeanette Erickson, Connie DeLorme, Mike & Sandy Miller

Non-Member Friends/Family Concerns: Sam (Mary Ann Smith's nephew); Craig (Connie DeLorme's son); Jon (Wayne Rogelstad's brother); Shawn Mahoney (son in law of John & Darlene Kelley); Glenn Riekmann (son of Gordon & Lois); Mary Johnson; Chris Wilson (son in law of Everett and Vickie Schulz); Lori (George Meyer's cousin); Becca, (Connie Delorme's niece); Dan (Gladys Jensen's son); Magnus Svennungsen (Thoreson family member)

Military Concerns: Andrew McCumber; Chris Sikich; Margaret & Catherine Maher; Clark Rose; Ryan Nordstrom; Dan & Kelly Pickett, all our service men and women serving in the Military and all of our veterans who have served.

Global Ministry: Palliative Care Program at Iambi Hospital, Tanzania

Seminary Scholarship Recipient: Sadie Short

P. Nikki day off

9am-3pm Office open

^{*}Events listed in italics are non church activities here in the building.

Sunday, February 4	9:15am Faithfully Fit
9am Worship	10:30am Bible Study
10am Faith connections	6:30pm Sons of Norway-Fellowship hall
10am Sunday School	Friday, February 9
10am Fellowship	P. Nikki day off
5pm Funky Bunch	Saturday February 10
5pm Troop 83-Fellowship hall	Sunday February 11
Monday, February 5	Youth Valentines Bake Sale
P. Ben day off	9am Worship
P. Nikki on visits	10am Faith Connections
7pm Media That Moves Us	10am Sunday School
Tuesday, February 6	10am Fellowship
9am-3pm Office open	5pm Troop 83-Fellowship hall
11am P. Nikki @ Text Study	Monday, February 12
1pm All Staff Meeting	P. Ben day off
2pm Office Staff Meeting	P. Nikki on visits
Wednesday, February 7	9am Naomi Circle
9am-3pm Office open	Tuesday, February 13
11am P. Ben at Text Study	9am-3pm Office open
6pm Grace Bells	11 am P. Nikki at Text Study
7pm Vocal Choir	2pm Office Staff Meeting
Thursday, February 8	6:30pm Business/Finance Meeting



February 4, 2024 Welcome to Our Savior's ELW Setting 8 Epiphany 5



CONFESSION & FORGIVNESS	pg. 94	
GATHERING SONG <i>Praise to the Lord, the Almighty</i>	song #858	
KYRIE	pg. 184	
CANTICLE OF PRAISE	pg. 187	
PRAYER OF THE DAY	pg. 188	
GOSPEL ACCLAMATION	pg. 188	
GOSPEL M	lark 1:29-39	
MESSAGE Pasto	SSAGE Pastor Ben Loven	
HYMN OF THE DAY Praise the One Who Breaks	song #843	
APOSTLE'S CREED	pg. 105	
PRAYERS		
PEACE		
GREAT THANKSGIVING	pg. 190	
LORD'S PRAYER (Left column)	pg. 191	
COMMUNION Lamb of God Jesus Loves Me! Precious Lord, Take My Hand	pg. 191 song #595 song #773	
PRAYER AFTER COMMUION	pg. 191	
BLESSING	pg. 192	
SENDING SONG I'm So Glad Jesus Lifted Me DISMISSAL	song #860 pg. 193	
	FO: -00	

Mark 1:29-39

²⁹As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. 30 Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. ³²That evening, at sundown, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.



We welcome new visitors and old friends, longtime Lutherans, Christians from every tradition, and people new to faith. To those who have no church home, want to follow Christ, have doubts, do not believe, you are welcome here. Regardless of age, color, culture, sexual

orientation, gender identity, socioeconomic status, marital status, abilities or challenges, join us, you are welcome here. You are welcome to worship, to celebrate and sorrow, to rejoice and recover. This is a place where lives are made new.

OFFICE HOURS & CONTACT INFORMATION

The office is open Tuesday, Wednesday & Thursday, 9:00am to 3pm Joanne is working from home on Mondays and is available by email.

Office—289-3021; Website: www.rochesteroslc.org

Pastor Ben Loven—<u>bloven@rochesteroslc.org</u>; cell 701-580-1559 **Pastor Nikki Rockne**—<u>pnikki@rochesteroslc.org</u> cell 507-398-7710

Our office doors are always open for visits/conversations. Please make a call to the church office before visiting if you would like to specifically visit with one of us to ensure we are in.

Pastor Ben & Pastor Nikki

Joanne Hamilton, Office—office@rochesteroslc.org

Greg Henderson, Director of Music—music@rochesteroslc.org

Katie Zahasky, Prayer Chain—254-7894 or ktzahasky4@gmail.com

WORSHIP ASSISTANTS 9:00am Worship

Organist: Greg Henderson, Pianist: Jan Matson

Special Music:

Sound Board Engineer: Sherry Rengstorf

Offering Counters: Kevin & Joleen Carlson, Bill Nicklay

Ushers: Jackie Rohe, Larry & Kathy Norby

Communion Assistant/Offering Assistant: Katie Zahasky

Altar Guild Member: Joanne Heathman

Fellowship: Joanne Heathman

Treasurer's Report:

Income YTD (as of 12/31/23): \$401,867.72 Expenses YTD (as of 12/31/23): \$432,713.07

Budgeted Expenses: \$448,294.32



Scan for easy giving!

THANK YOU for the Christmas basket. It was wonderful. **Gladys Jensen**



QUILTING

Third Tuesday of the month at 9:00am
Quilting Area in Pod
No sewing skills are needed.
If you can tie a knot, you can help.
Everyone is invited to help out.

MEDIA THAT MOVES US

For the February 5 Zoom meeting we will be reading: Winter's Song: A
Hymn to the North by TD Mischke



We will be serving soup supper for Wednesday Lenten services and Maundy Thursday, beginning Feb. 21. The cost is ~ \$250.00/ night and we deeply appreciate your generous



free will offering. Please RSVP to Joanne if you plan to come for supper so we order the right amount of food. We will be serving from 5:30-6:15 pm.

Parish Fellowship is a small group and we would love to invite others to help us serve/clean-up for these meals, from 5:15-6:30 pm. Men, women, youth are all welcome, no training needed and the benefits are "out of this world!" If you would like to help, please send a note with the date you would like to help to ktzahasky4@gmail.com

March 6th is "Youth in the Kitchen" night! The youth will be serving soups and cleaning up for this supper and all donations will go to their fund-raising efforts for their summer trip to New Orleans.

7

Menu:

Wednesdays-

Feb. 21- Vegetable Beef Barley and Cream of Potato/Ham

Feb. 28 - Toscana soup and Chicken and Dumpling

Mar. 6 - Chili and Vegetable Beef Barley

Mar. 13 - Cheeseburger soup and Chicken Noodle

Mar. 20 - Bean/Ham and Chicken Wild Rice

and Maundy Thursday, Mar 28- Chicken and Dumpling and Broccoli Cheese

WEDNESDAY NIGHT CHOIR & ORCHESTRA REHEARSALS

Grace Bells rehearse at 6pm with Bev Gronvold directing.

Youth Bells rehearse at 5pm with Bev Gronvold directing.—check calendar Vocal Choir rehearse at 7pm with Greg Henderson directing.

Orchestra rehearsal, January 21 at 10am. Greg Henderson directing.





FAMILY SUNDAY SCHOOL

Family Sunday School (FSS) will meet either in the 1st Pod area or the music room at 10am. Schedule sheet available at FFS

UPCOMING DATES TO NOTE

Feb. 11—Youth Bake Sale

Feb. 14—Ash Wednesday

12:00pm Worship at OSLC

6:30pm Worship at Good Shepherd

Feb. 16-18 Family Retreat at GEV

Feb. 21, 28-Mar. 6, 13, 20, 28

5:30pm Lenten Soup Souper &

6:30pm Lenten Worship





Bingo Night at Good Shepherd Lutheran

Get ready to shout "Bingo"! The GSC fellowship team is hosting a night of Bingo for everyone after a meal of sloppy joes, hot dogs, chips, veggies, fruit and dessert provided by our team. We ask that you bring a small bingo prize. Examples: bottle of wine, candy, used toy, gift cards, home decoration item, tool, white elephant (use your imagination).

Sunday, February 18, 2024 5:00-7:00 p.m.

Fellowship Hall Good Shepherd Lutheran Church 559 20th Street SW Rochester, MN 55902

Bring your friends and family for a night of laughter and excitement. Prizes (provided by you) will be awarded to the lucky Bingo winners!



FAITHFULLY FIT

The Thursday morning exercise group meets at 9:15am in the Narthex. Join us for light exercise and joyful conversation.

WOMEN'S CIRCLE BIBLE STUDY

PRISCILLA CIRCLE

Date: Wednesday, Feb. 14 at 9:30am

Location: OSLC

Hostess: Diana Schroeder Bible Study: Julie Mullens

MARTHA CIRCLE

Date: Wednesday, Feb. 14 at 10:00am

Location OSLC

Hostess: Carol Houdek Leader: Brenda Harmon

NAOMI CIRCLE

Date: Monday, Feb. 12 at 9:00am

Location: OSLC

Hostess: Ruth Moran Leader: Jodie Westland

SARAH CIRCLE

Date: Tuesday, Feb. 20 at 1:00pm

Location: OSLC



CONGREGATIONAL COLLECTION FOR FEBRUARY

Naomi Circle is heading up the collection of items for **Personal Care Kits**. All items can be left in the Narthex collection area.

Cleanliness may not actually be next to godliness, but it certainly helps a person feel more human. When families find their homes destroyed, or must flee for their safety, soap and a towel rarely make the cut for what they can carry. Arriving in a refugee camp or other place of safety, they are scared, vulnerable and dirty from the travel. The simple items included in a Personal Care Kit provide much-needed self care, critical germ fighting supplies and the chance for our neighbors in need to regain dignity amidst fear and uncertainty.

1 Kit Includes:

3

- 1 lightweight cotton or cotton blend bath-sized towel.
- 2 or 3 bath-size bars of soap (8 or 9oz) any brand in original wrapping. No mini or hotel size bars
- 1 adult-size toothbrush in it's original packaging. Note: Toothbrush multipacks may be used by sealing an individual toothbrush in a business-sized envelope; no plastic bats or wrap
- 1 sturdy comb. There are many different types of hair texture so no picks or finetoothed combs; remove packaging
- 1 metal nail clippers, remove packaging



ALTAR FLOWERS TODAY are given to the Glory of God from OSLC

SCHEDULE Feb. 11—Humke Feb. 18—Harbeck Feb. 25—OPEN

Family Retreat at Good Earth Village

On **February 16-18**, we will hold a family retreat at Good Earth Village in Spring Valley! We'll gather on Friday between 6 and 7 and leave on Sunday after worship!

Lodging: Log Lodge

9 rooms (8 sleep 4 people, 1 sleeps 6 people)

Cost: \$300

Meals: We will be doing all meals on our own this year.

Plan to eat supper on Friday on the way there, or bring something easy to prepare.

After we know who is attending, we'll plan the rest of our meals as a group!

Facilities: We will be based in Log Lodge. There is a large gathering space that also has a kitchenette (no stove or oven, but there is a microwave and a fridge). There is a smaller conference room near the large gathering space.

Brings books, games, snow stuff – like sleds and snowshoes (weather permitting), snacks, Bibles, and anything else you think you'd like for a weekend family retreat!

If you are interested in attending (or have any questions), please talk to Pastor Ben!



On Palm Sunday, March 24, the youth choir and bells will sing/play during the service.

Youth choir practice will be on Sundays in March during the second half of the Sunday school time. 3/3 & 3/17 (and maybe 3/10)

Older youth who want to do bells are invited to practice on Wednesdays before Lenten services at 5:15pm. 3/6, 3/13, & 3/20.

PASTOR BEN'S BIBLE STUDY

Thursdays at 10:30am





CHURCHILL/HOOVER Snack Ministry

We are once again making kids happy at Churchill & Hoover Schools this year. They are asking for things like individually wrapped: Granola bars Pretzels Fruit snacks, Goldfish or any kind of crackers, etc. for school snacks. These items are easy for teachers to store in their classrooms and hand out. They are not asking for pantry items at this time.

Items can be left in the blue barrel in the Narthex.





CRAFTING AT OSLC

Calling all crafters! Do you scrapbook, quilt, knit, draw, sculpt, whittle, or do other crafty things? Join us on the Third Saturday morning of every month, from 9-11 AM, in the Fellowship Hall. Bring your own supplies for your craft and gather with some other crafters to work on your projects and enjoy some fellowship. This is not meant to be a class, just a time to work on individual projects with members of your church family. Hope to see you there!